



# DAY TOURS *South Africa*



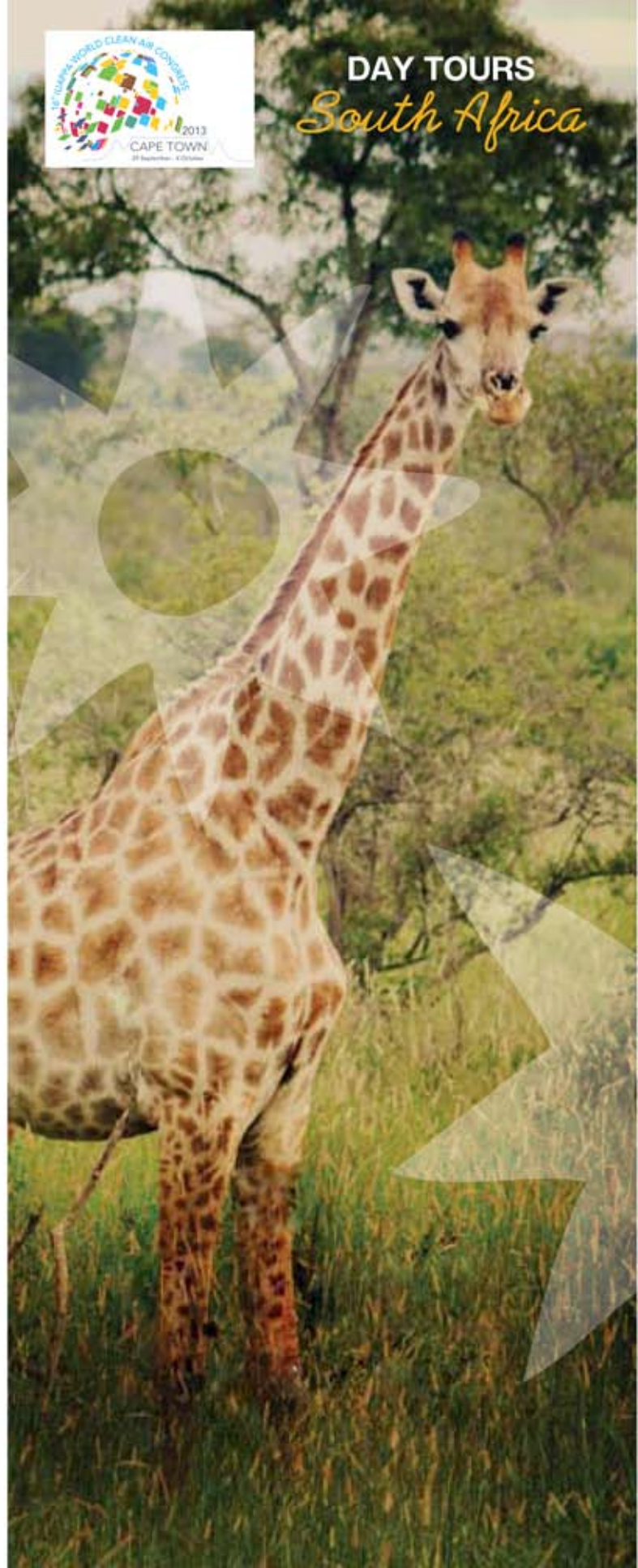
*in association with*



**TO BOOK PLEASE EMAIL  
[bookings@thegreencab.co.za](mailto:bookings@thegreencab.co.za)**

*or visit our Travel Desk  
at the*

*Cape Town International Convention Centre  
at the IUAPPA event*



## CAPE POINT & PENINSULA



This awe-inspiring tour to the towering headland known as Cape Point encompasses magnificent beaches, breathtaking views, and picturesque coastal villages. The Cape Peninsula is one of the world's most scenic areas and stretches from the City centre to Cape Point.

*Note: The drive via Chapman's Peak is subject to the road being open. Ou Kaapse Weg will be used as an alternative route when necessary.*

### HIGHLIGHTS

- Atlantic Seaboard - Clifton, Camps Bay, Twelve Apostles
- Hout Bay harbour (optional boat trip to Seal Island)
- Cape of Good Hope Nature Reserve & Cape Point
- Lunch at seaside restaurant (not included in the cost)
- Boulder's Beach Penguin Colony
- Kirstenbosch National Botanical Gardens

## CAPE OF GOOD HOPE

For those with limited time, we offer a tour to Cape Point and Boulders Beach Penguin Colony as a half day option.

*Note: The drive via Chapman's Peak is subject to the road being open. Ou Kaapse Weg will be used as an alternative route when necessary.*

### HIGHLIGHTS

- Atlantic Seaboard - Clifton, Camps Bay, Twelve Apostles
- Hout Bay harbour (optional boat trip to Seal Island)
- Cape of Good Hope Nature Reserve & Cape Point
- Boulder's Beach Penguin Colony

R 585

DAILY  
HALF DAY

Departs 08:30 / 13:00  
Returns 14:00 / 18:30



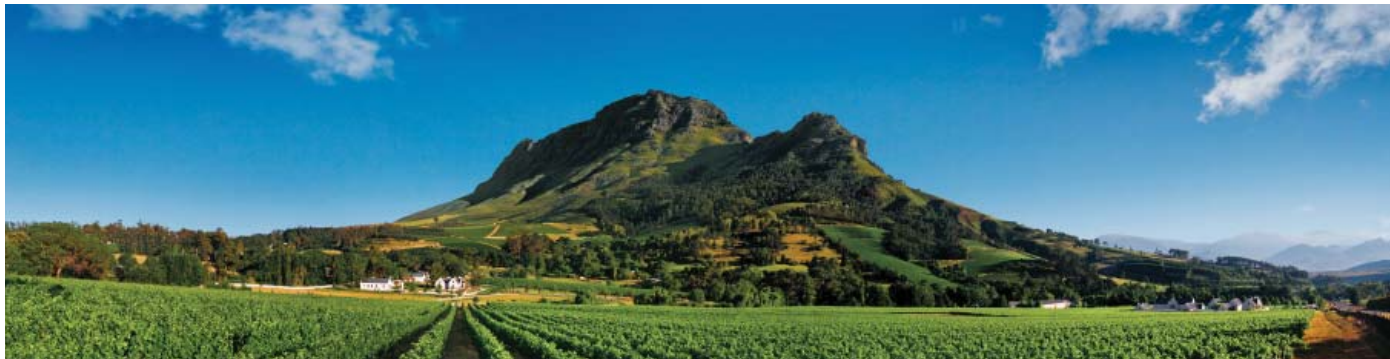
R 780

DAILY  
FULL DAY

Departs 08:30  
Returns 17:30



## CAPE WINELANDS TOUR



This delightful drive winds its way to the heart of the Cape Winelands, through superb mountain ranges, vineyards and Cape Dutch homesteads.

### HIGHLIGHTS

- Stellenbosch, Franschhoek & Paarl wine routes
- Wine tastings at award winning estates
- Cross over Helshoogte Mountain Pass
- Lunch stop in Franschhoek or similar (not included in the cost)

R 780

DAILY  
FULL DAY

Departs 08:30  
Returns 17:30



For those with limited time, we offer a tour to the Cape Winelands as a half day option visiting the historic Stellenbosch and Franschhoek regions.

### HIGHLIGHTS

- Stellenbosch & Franschhoek wine routes
- Wine tastings at award winning estates

R 585

DAILY  
HALF DAY

Departs 08:30 / 13:30  
Returns 13:00 / 17:30

## CAPE HIGHLIGHTS TOUR



This tour encapsulates the best that the Cape has to offer – magnificent beaches, breathtaking views, historic & picturesque coastal villages, superb mountain ranges, vineyards and Cape Dutch homesteads are to be seen along the way.

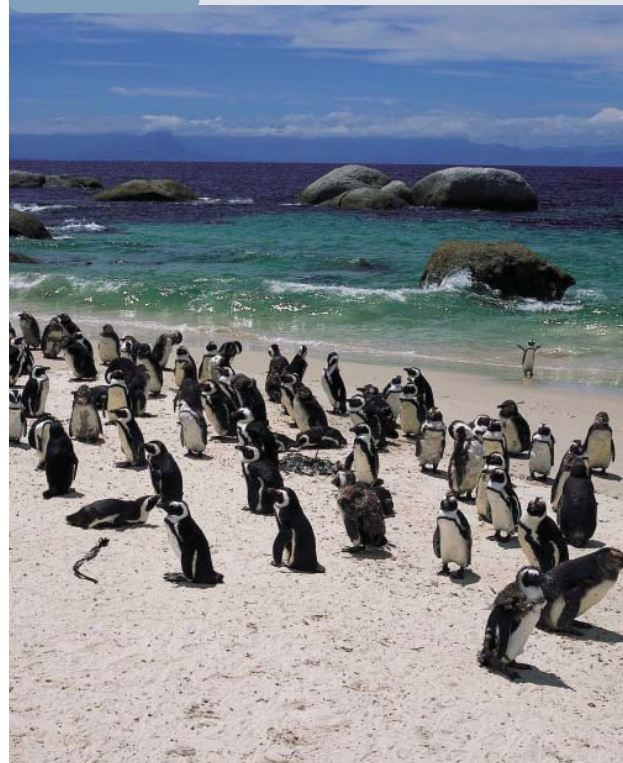
### HIGHLIGHTS

- Magnificent views along the Atlantic Seaboard, Clifton, Camps Bay and Hout Bay
- Cape Point
- Boulder's Beach Penguin Colony
- Explore historic Stellenbosch
- Cellar tour & wine tasting

R 985

DAILY  
FULL DAY

Departs 08:30  
Returns 17:30



## WALK TO FREEDOM TOUR



This tour offers a wealth of insight into South Africa's history & past injustices, the legacy of the struggle and the promise of reconstruction & development initiatives under way at present.

*Note: Robben Island visit is weather permitting and subject to availability.*

### HIGHLIGHTS

- Bo-Kaap (Cape Malay Quarter)
- District Six and District Six Museum
- Townships
- Robben Island ferry trip and tour of the former political prison

ILIOS Travel is committed to social development and upliftment in the poorest and most marginalized communities in South Africa, and is proud to be associated with Uthando (Love) South Africa which is a non-profit organization based in Cape Town.



R 790

DAILY  
FULL DAY

Departs 08:30  
Returns 17:30

For those with limited time, we offer the Walk to Freedom Tour as a half day option including visits to the "Malay Quarter", District Six & District Six Museum, the Cape Flats and Townships. The half day option excludes the visit to Robben Island.

### HIGHLIGHTS

- Bo-Kaap (Cape Malay Quarter)
- District Six and District Six Museum
- Townships

R 485

DAILY  
HALF DAY

Departs 08:30  
Returns 13:00



## CITY & TABLE MOUNTAIN



Including all the 'must-sees' of any Cape Town day tour, this option is a geographical and cultural extravaganza, showing you Cape Town, from its historical beginnings to the dazzling modern shopping malls of the Victoria & Alfred Waterfront.

### HIGHLIGHTS

- Table Mountain (cable car fee not included; weather permitting)
- A walk through the Company Gardens
- The historic Castle of Good Hope
- SA Museum

R 470

DAILY  
HALF DAY

Departs 08:30 / 13:30  
Returns 13:00 / 17:30



## CAPE RIVIERA & WHALES



August to November is usually the best time to see the Southern Right Whale in our waters. Walker Bay's Hermanus is an ideal place for whale watching. These mammals, which often come as close as 50 metres from the shore, are given to displays of breaching, spyhopping and courtship rituals.

### HIGHLIGHTS

- Sir Lowry's Pass with its spectacular views of False Bay
- Elgin – the apple capital
- Land-based whale watching in Walker Bay
- Wine tasting at Hamilton Russell (not included in cost)
- Harold Porter Botanical Gardens
- Coastal scenic route

R 830

DAILY  
FULL DAY

Departs 08:00  
Returns 17:30



## SAFARI



Enjoy an unforgettable African Big Five Safari in a malaria-free environment approximately 2 hours drive from Cape Town. The Africa Big Five and a large variety of re-introduced game can be viewed in their natural habitat.

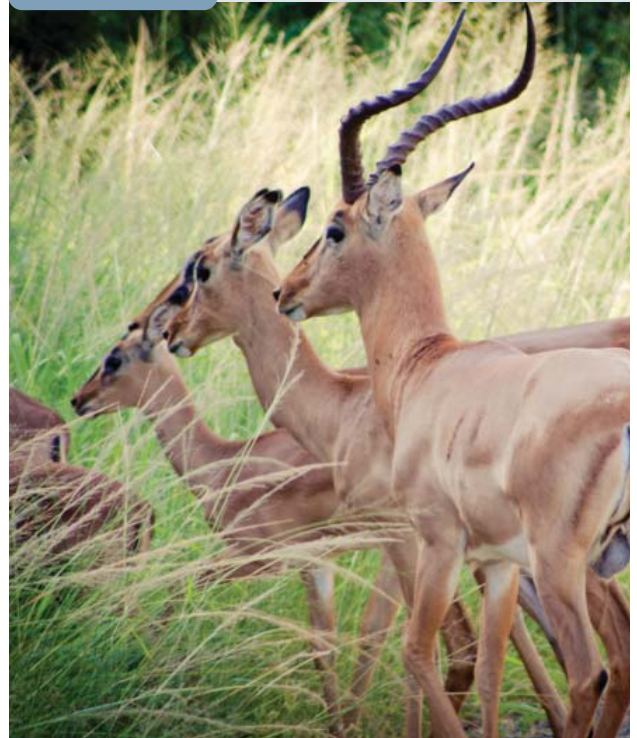
### HIGHLIGHTS

- Scenic drive from Cape Town to the Reserve
- Buffet breakfast
- 2-3 hour open vehicle game drive
- The reserve hosts a variety of animals and game including elephants, rhinos, lions, giraffes and smaller buck species
- Buffet lunch

R 2185

DAILY  
FULL DAY

Departs 06:30  
Returns 17:30



## SHARK CAGE DIVING



Join us on this most exhilarating tour. Depart early from Cape Town to Kleinbaai where you will be briefed on the day's activities. We then head off to sea for an underwater experience of a lifetime. Whether viewing from the deck or up close and personal, this is an experience you won't forget!

*Note: This activity is strictly weather permitting. Self Drive – boat departure times 09h00 (arrival 1 hour before departure time)*

### HIGHLIGHTS

- Drive from Cape Town to Kleinbaai
- Buffet continental home-cooked breakfast
- Safety and conservation briefing by the resident marine biologist
- 2-5 hour sea expedition
- Viewing or diving with the sharks



Marine Dynamics & Dyer Island Cruises are certified by Fair Trade in Tourism, live by the motto 'Discover and Protect' and work together with the Dyer Island Conservation Trust. Your choice makes a difference – by booking a whale watching or shark cage diving trip you are making a contribution to the conservation of the marine wildlife in the great Dyer Island area.

**R 1830**

DAILY  
FULL DAY

Departs 06:00  
Returns 16:00

## BOAT BASED WHALE WATCHING

Come and meet the Ocean's Marine Big 5 – whale, dolphin, seal, penguin and great white shark. Marine biologist onboard to tell you more about the behaviour of the animals. Southern Right Whale guaranteed from June-December.

*Note: This activity is strictly weather permitting. Self Drive – boat departure times 09h15, 11h15, 11h45 and 14h15 (arrival 1 hour before departure time)*

### HIGHLIGHTS

- Southern Right Whales
- Penguins
- Fur seals
- Complimentary drink afterward

**R 1655**  
(scheduled)

DAILY  
FULL DAY

Departs 06:00  
Returns 15:00

**R 990**  
(self-drive)

## HELICOPTER FLIGHTS



Experience the beauty of Cape Town from the sky. Enjoy a scenic flight along the Atlantic Seaboard, to the white sands of Clifton and along the splendid Twelve Apostles and rugged beauty of Llandudno. Your exclusive trip will take you over the 'Republic of Hout Bay' and give you a magnificent view of Seal Island. Continue over the heart stopping curves of Chapman's Peak and the extensive lagoon laced stretches of Noordhoek beach and inland through Sun Valley to the fishing village of Fish Hoek, along Muizenberg and past the lush Constantia Valley.

### HIGHLIGHTS

- Exhilarating helicopter flip
- Aerial views of Clifton, Hout Bay & Fish Hoek
- Fly over the Constantia wine valley

from  
**R 4115**

DAILY  
30 MINUTES

Departs and returns according  
to prior arrangement

## SANDBOARD & QUAD BIKING

This fun filled full day adventure takes you through the basics of sand boarding to cruising down the dunes at high speeds that will get your adrenaline flowing! This is followed by a high powered guided sand dune quad bike experience where you can speed up, down and along the face of the dunes!

Morning transfer to the Atlantis sand dune. You will then receive a safety briefing. After your sand boarding experience, break for lunch (packed) before the quad biking begins.

### HIGHLIGHTS

- Sandboarding instruction & fun
- Beautiful white sand dunes
- Quad biking
- Packed lunch

**R 1230**

TUES, THURS, SAT, SUN  
DAILY IN SEASON  
FULL DAY

Departs 09:30  
Returns 16:30

## CAPE ARTS & CULTURE



Explore the aesthetic production of South Africa, Africa and further afield whilst learning about the history and culture of art in the Cape. The programme boasts awe-inspiring scenery along the Cape Peninsula. Magnificent beaches, breath-taking views and picturesque coastal villages are to be seen along the way.

*Note: Gallery visits are subject to exhibition schedules. Alternate visits may be arranged.*

### HIGHLIGHTS

- Cape Gallery
- SA National Gallery
- Casa Labia
- Kalk Bay Gallery

from  
**R 1665** pp  
min 2 pax

TUESDAY - SUNDAY  
FULL DAY

Departs 09:00  
Returns 17:00



## WINE COUNTRY TOUR

Visit the heart of the Cape Winelands in a special way. Travel through superb scenery and explore the history of this region whilst enjoying special activities such as horse-riding or quadbiking and visit hand-picked estates such as Rhebokskloof, Haute Cabriere and Blaauwklippen.

*Note: Wine estate visits can be changed based on clients' specific tastes.*

### HIGHLIGHTS

- Rhebokskloof horse-back or quad-biking trail
- Rhebokskloof wine tasting
- Cellar tour & tasting at Haute Cabriere
- Wine tasting at Blaauwklippen
- Lunch included

from  
**R 2905** pp  
min 2 pax

DAILY  
FULL DAY

Departs 08:30  
Returns 17:30

## CONSTANTIA WINE TOUR



Constantia is the birthplace of the wine farming industry in South Africa. As you drive through this historical valley, it becomes apparent why the first Governor of the Cape, Simon van der Stel, chose this situation for his farm, Constantia. The route is an easy day trip and the farms provide quality restaurants for lunches and tea.

### HIGHLIGHTS

- Klein Constantia wine tasting
- Groot Constantia Manor House visit & tasting
- State of the art cellar at Steenberg Estate
- Lunch included

from  
**R 2055** pp  
min 2 pax

MONDAY - SATURDAY  
FULL DAY

Departs 08:00  
Returns 17:30



## CYCLING CAPE OF GOOD HOPE

For the energetic traveler who appreciates nature, this tour offers an alternative to simply watching the scenic splendour of the Cape Peninsula pass you by, allowing you time to cycle a section of the Cape of Good Hope Nature Reserve.

### HIGHLIGHTS

- Drive along the Atlantic Seaboard
- Refreshments at Noordhoek Farm Village
- Cycle Route in the Cape of Good Hope Nature reserve
- Boulders Beach Penguin Colony
- Lunch included

from  
**R 2185** pp  
min 2 pax

DAILY  
FULL DAY

Departs 07:30  
Returns 16:30

## SEA KAYAKING & CAPE POINT



There is no better way to experience the False Bay coastline other than a morning sea kayaking experience. The latter part of the day sees you visiting the Cape of Good Hope Nature Reserve and Cape Point, then on via Chapman's Peak Drive to Hout Bay and ending at your hotel in the late afternoon.

### HIGHLIGHTS

- Simon's Town sea-kayaking experience
- Boulders Beach Penguin Colony
- Cape of Good Hope Nature Reserve
- Lunch & refreshments included

from  
**R 2485** pp  
min 2 pax

DAILY  
FULL DAY

Departs 08:00  
Returns 17:00



## HIKING TABLE MOUNTAIN & CITY TOUR

A splendid way to get to know the Mother City intimately, starting with a hike on the geographical formation which guards her – Table Mountain. After lunch (to own account), explore the history, architecture and culture which makes Cape Town the colourful and vibrant city it is today.

*Note: If the cable car is not operational on the day, and depending on clients' fitness levels, the walk would be adapted accordingly.*

### HIGHLIGHTS

- Table Mountain Hike with specialist guide
- Malay Quarter
- Company Gardens
- SA Museum
- Castle of Good Hope

from  
**R 2320** pp  
min 2 pax

DAILY  
FULL DAY

Departs 09:00  
Returns 16:00

## SATURDAY IN THE LIFE OF A CAPETONIAN



Enjoy the vibrant, warm hearted village in the heart of Woodstock where Cape Town's talented people come together to share, collaborate and show off their heart-felt passion. Drive through the Mother City en route to retail lifestyle outlets at the trendy Cape Quarter Village located below Signal Hill. End the day either with a sunset cruise or a trip up Table Mountain for sundowners (to own account) by aerial cable car. This is how we celebrate life in the Mother City.

### HIGHLIGHTS

- Day Market at the Old Biscuit Mill
- Cape Town city orientation tour
- Cape Quarter Village shopping and dining
- Victoria & Alfred Waterfront
- Sunset cruise or Table Mountain (weather permitting)

from  
**R 1805** pp  
min 2 pax

SATURDAY  
FULL DAY

Departs 09:30  
Returns 17:30



## HOME HOSTED DINNER

Home hosted dinners are a great way to enjoy home cooked meals with local people. A welcome addition to any itinerary, experience typical South African cuisine and wine with South African families and especially learn about life in South Africa.

### HIGHLIGHTS

- Visit to a local home
- Local people
- Home-cooked meal
- Authentic experience

from  
**R 875** pp  
min 2 pax

DAILY  
HALF DAY

Departs 18:30  
Returns 22:00